

Itinerary Highlights

Chill Out Vibe

Visiting Tortuguero and its National Park

Hiking the impressive Arenal Volcano Relaxing on amazing, healing hot springs.

Skywalk at the cloud forest Chilling out at a Blue Zone with turquoise waters.

What's Included

Deluxe accommodation throughout Private Air Conditioned transfers between destinations.

Full support from your Travel Designer and Concierge before, during and after your trip

If you could design a destination to be perfect for relaxation, it would look a lot like Costa Rica.

The country's unofficial slogan "pura vida" – pure life – perfectly describes its chilled-out spirit. Travellers head to the coastlines to enjoy pristine beaches and epic surf breaks, while inland regions host incredible nature reserves, volcanos and a great variety of wildlife.

You could spend a year travelling the country and wouldn't have enough of it, every destination in Costa Rica will give you memories to last a lifetime

AT A GLANCE

With such a long list of heavenly attractions, including national parks, biological reserves, sapphire blue seas, gently smoking volcanoes, and tropical beaches, it's little wonder that this area of central America was nicknamed the 'rich coast' The Chill Out Vibe Program offers a diverse experience but every chosen destination will make you get that sense of peace & relaxation.

Starting in San José, Costa Rica's capital city, followed by Tortuguero, the active volcano of Arenal, the cloud forest of Monteverde and finally visiting Nicoya Peninsula,, on Costa Rica's western coast, a wellknown Blue Zone, meaning that its inhabitants commonly live active lives past the age of 100. The program consist on a total of 12 nights and 13 days of peaceful activities visiting 5 incredible destinations.

Day 01 - Arrival in San Jose

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Today you will arrive at Juan Santamaria International Airport located 20km away from San Jose City. Following customs, immigration formalities and baggage collection, one of our representative will meet you as you exit the arrival terminal building and transfer you to your hotel where you will proceed for check-in.

While most people visit Costa Rica to explore its beaches and beautiful nature, it's well worth checking out the capital, San Jose (on your own). It's a bustling and colorful city with a thriving cultural and food scene, the perfect place to get a taste of the country's vibe. Spend some time walking through the main pedestrian area, a perfect spot for people-watching while enjoying street food from one of the many vendors Dinner is on your own.

You will spend I night in San Jose at the Park Inn Hotel (or similar) on Breakfast Board in a Standard room

Travelling Time approx. 40 minutes



Day 2 - En route to Tortuguero, Limón (North Caribbean)

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Early morning pick-up at the hotel followed by a transfer to Caño Blanco or Matina dock with a stop en route at a local restaurant for a traditional Costa Rican breakfast. On arrival at the dock, visitors will board a boat that will take them through the canals to Tortuguero National Park (approx. 2 hours).

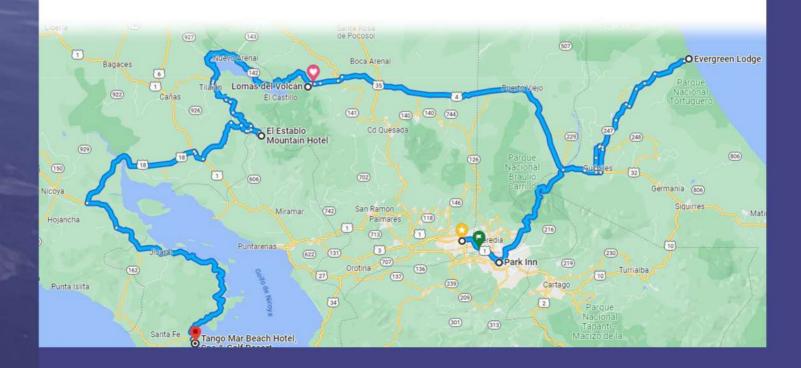
This small park on the north coast of the country is where the rainforest meets the sea. While the whole country is amazing, Tortuguero will definitely be one of the most unique experiences of your trip. It's named for the masses of turtles that come out of the sea to lay their eggs on the beaches. (July thru September)

You will arrive at the lodge on time for lunch, followed by a visit to Tortuguero Town and the Caribbean Conservation Corporation museum.

Buffet breakfast, lunch & dinner included.

You will spend 2 nights in Tortuguero at Evergreen Lodge (or similar) on Full Board in a Standard room.

Travelling Time approx. 06 hours



Day 3 - Tortuguero National Park

Breakfast included at the lodge. Enjoy a nature walk trip, returning to the hotel on time for lunch.

Please check with the hotel and your guide for the schedule of the day's activities. In the afternoon, take a canal boat tour on specialized open boats so that participants can admire the wildlife of the area.

IMPORTANT REMARK: Boats have electric engines that make much less noise than a rowboat. Dinner is included at the lodge.

IMPORTANT: During nesting season, an optional night tour for turtle observation is available at the lodge at an extra cost. By purchasing this tour, you will contribute to the Turtle Spotters Program, which reduces the negative impact of tourism on the sea turtles.

You will contribute to the local guides and the conservation of this species (must wear dark clothing).



Day 4 - Tortuguero to

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After breakfast at the hotel, a shared boat and ground transportation will take you to Guapiles for lunch and as a meeting point for a vehicle change to continue to La Fortuna, Arenal Volcano area. There are so many things to do around La Fortuna.

From the town, you can see the Arenal volcano looming over everything. Besides the tour included, you can spend a day hiking up to the top or go by horseback. There are also plenty of rainforest walks leading to waterfalls where you can cool off.

Take a day trip to the Rio Celeste, a dazzlingly sky-blue river that winds through the trees.

You will spend 2 nights in La Fortuna at Lomas del Volcán Hotel (or similar) on Breakfast Board in a Standard room.

Travelling Time: Approx. 02 hours



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Day 5: Volcano Hike & Hot Springs

What to bring:

Bug repellent

Closed-toe shoes, such as hiking or tennis shoes

Rain gear

Hat Comfortable clothes Swimwear

Includes: Transportation to/from your hotel Bilingual guides Entrance to

a private reserve Entrance to hot springs Dinner

Operates: Daily Departure: Afternoon Duration: 6 hours Estimated driving

time: 15 minutes Recommended ages: 6-65 years

The Arenal Volcano Rainforest and Natural History, along with the breathtaking lava flow, will take you through lush rainforest along the base of Costa Rica's most famous volcano. This hike takes about 1.5 to 2 hours. Then it's time to head to the hot springs.

Enjoy many different volcanic hot pools.



Day 06 – La Fortuna to

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Departure time from the hotel for a ground & boat transfer/tour to Monteverde by Lake Arenal Lake Crossing. This service, half tour – half transfer, is a scenic and fast way to go or come from La Fortuna (Arenal Volcano Area) to the Monteverde area.

This small community is the best place to visit in Costa Rica if you want to get in touch with nature. The region is a natural cloud forest – lush green year-round, thanks to the low-hanging clouds supplying a constant water source.

There's plenty to do, especially if you're an outdoorsy person. Take a hike through the forest, keeping your eyes wide open for rare bird species, as well as monkeys, frogs, and the elusive puma or jaguar.

Afternoon at leisure. It is important to consider that the check-in at the hotel is at 2:00 pm. The room will be provided at the guest's arrival time, subject to availability.

You will spend 2 nights in Monteverde at El Establo Hotel (or similar) on a Breakfast Board in a standard room. Traveling time approx. 2.5 hours.



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Day 7: Sky Walk (Hanging Bridges)

What to bring:

Bug repellent
Closed-toe shoes, such as hiking or tennis shoes
Rain gear
Comfortable clothes

Includes:

Transportation to/from your hotel, bilingual guides.

Operates: Daily.

Departure: Morning. Duration: 3 hours.

Recommended Ages: 10-65 years. Estimated driving time: 25 minutes.

Enjoy an early breakfast at the hotel followed by the amazing view of the cloud forest. Today, you will enjoy a guided visit to the walkways where you can see and explore the forest from a different perspective. Located in a conservation project in Monteverde, with an area of more than 1200 acres of protected land, Sky's Canopy Walkways are the best way to peacefully and safely enjoy the virgin cloud forest tree tops.

Through the bridge system and over 1.6 miles of easy walking trails, visitors can enjoy the marvels of the cloud forest and get the chance to see some of the world's most amazing and beautiful flora and fauna.

The evening is at leisure.



Day 08 – Monteverde to Nicoya Peninsula.

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After breakfast, transfer from Monteverde to Nicoya Peninsula (ferry ride involved). Here, you will enjoy beautiful beaches and relax at your hotel with natural surroundings on a beachfront location. Lunch and dinner are on your own.

Evening is at leisure.

You will spend 4 nights at this destination at Tango Mar Beachfront Boutique Hotel (or similar) on Breakfast Board in a standard room.

Driving time approx. 6 hours (ferry ride involved).



Day 09-11 - Nicoya Peninsula

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This destination is gaining popularity as word spreads about what a beautiful place it is. It has been touted as the next Tulum, so expect hippie vibes, yoga spots, vegan eats, and cute cafes. It has white sandy beaches and great swells that attract surfers of all experience levels.

Bring a book and some sunscreen because you'll be spending your days lounging under coconut trees and nights sipping drinks on the beach. This is the perfect place to rest and relax.

Take a surf lesson or start your morning with a yoga class. If you get antsy sitting still for too long, take a boat trip for snorkeling, swimming, and hiking or visit the towns nearby.



Day 12 – Nicoya Peninsula back Chill Out Vibe

After breakfast, transfer from Nicoya back to San Jose (ferry ride involved) for overnight. Optional air return by a 30-minute domestic flight.

Lunch and dinner are on your own.

Evening is at leisure.

Driving time approx. 5 hours (ferry ride involved).

You will spend I night in San José at Country Inn & Suites (or similar) on Breakfast Board in a standard room.



Day 13 - Departing from

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Breakfast is included at the hotel (if flight schedule permits). According to international airport requirements, all passengers must be at the airport at least 3 hours before their scheduled departure time for safety and check-in procedures.

The driving time is approximately 20 minutes.

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Day Itinerary Overnight

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- 1 Arrival in Costa Rica San José
- 2 San José Tortuguero Tortuguero
- 3 Tortuguero and its National Park Tortuguero
- 4 Tortuguero La Fortuna (Arenal Volcano area) La Fortuna Relaxing in amazing, healing hot springs.
- 5 Hiking the impressive Arenal Volcano La Fortuna
- 6 Boat transfer/tour to Monteverde by Lake Arenal Monteverde
- 7 Skywalk at the cloud forest Monteverde
- 8 Monteverde Nicoya Peninsula Nicoya Peninsula
- 9-10-11 Chilling out at a Blue Zone with turquoise waters. Nicoya Peninsula
- 12 Nicoya Peninsula San José San José
- 13 Departure

The Chill Out Vibe The program offers a diverse experience, but every chosen destination will give you a sense of peace and relaxation.

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Travel Agency Sensations of Costa Rica Ltda.